

A/1

Front waist

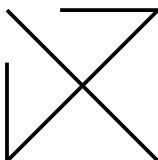
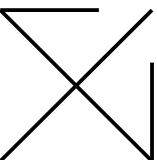
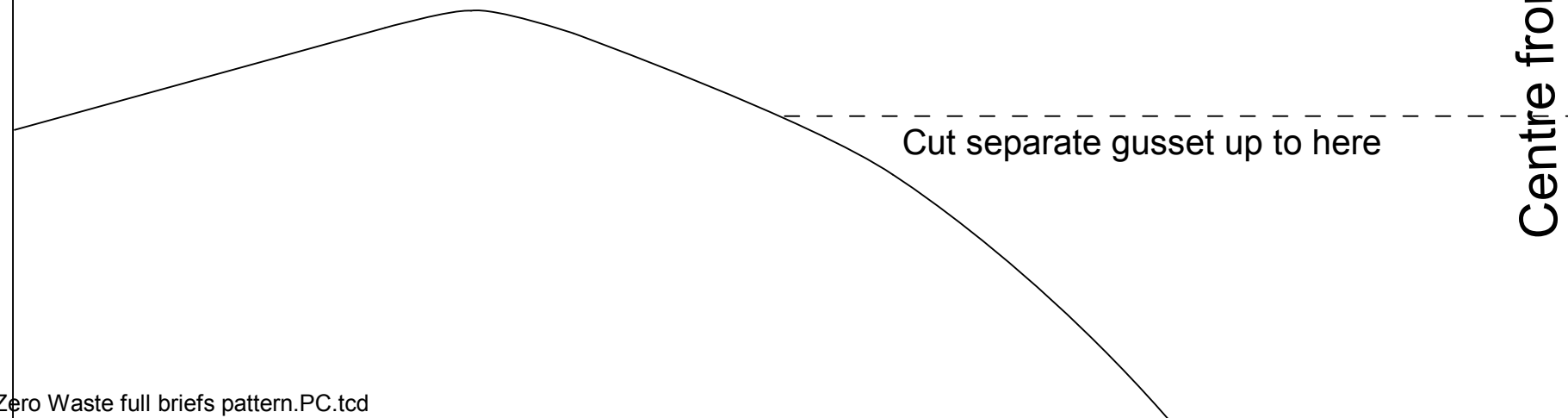
FRONT

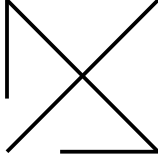
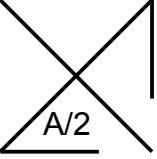
Front side seam

Zero Waste Wardrobe  
<https://www.zww.fi/alushousut>  
 Size M underpants  
 Adapted to full briefs by Liz Haywood  
[www.lizhaywood.com.au](http://www.lizhaywood.com.au)  
 March 2021 archive

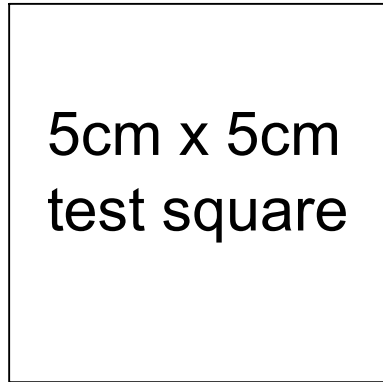
6mm seam allowances  
 1cm turn under for leg elastic

Centre front on fold





Centre back seam



5cm x 5cm  
test square

BACK

*Back side seam*

Back waist

